



OUTRUNCANCER ANGMERING 2024 5K RUN RESULTS

Position	Bib Number	Name	Team/Club		Time
1	1062	Simon Thistlethwaite	Tuff Man		00:24:49
2	1061	Aleksandra Vargin		Cani-x	00:26:06
3	1058	Rob Stapely		Cani-x	00:27:34
4	1066	Barry Samler	Epic Fitness Crew		00:28:59
5	1004	Arron Gain			00:30:32
6	1044	Reece Spicer			00:30:34
7	1065	Jo Gilbey	Epic Fitness Crew		00:30:38
8	1012	Daniel Smith			00:31:20
9	1041	Peter Ramsdale	Bognor Regis Tone Zone		00:32:34
10	207	Martin Rowe	Travel Places		00:32:41
11	210	Matt Trevett	littlehampton Beach Cafe		00:34:05
12	1069	Nicky Standing		Cani-x	00:34:18
13	1023	James Innis	Green Wright Charlton Annis		00:34:26
14	1074	Orla Appleby			00:36:42
15	153	Hannah Macpherson			00:36:43
16	1055	Jenny James		Cani-x	00:37:52
17	199	Liz Crockford	Arunners		00:37:59
18	253	Tiffany Fletcher	Foxy		00:38:13

19	1026	Jeff Nolan			00:38:21
20	163	Hollie Turner			00:38:32
21	1030	Karin Neumann	Harwell Harriers		00:38:44
22	29	Rogert Edgington			00:40:01
23	144	Francesca Crockford	Arunners		00:40:03
24	1005	Ben Swabey			00:40:07
25	1010	Chloe Boniface	Travel Places		00:40:25
26	1063	Rob Marshall			00:40:33
27	1032	Lauren Paine			00:41:25
28	1027	Jody Foote			00:41:25
29	1003	Amy Pemberton-Hill			00:41:52
30	1011	Daniel Molica			00:42:37
31	202	Louisa Gearing	Foxy Ladies		00:42:57
32	1006	Ben Tapp	Grandads Piece		00:43:03
33	1064	Bill Lobb			00:43:15
34	1070	Nicola Hunt			00:43:48
35	1071	Karen Crewe		Cani-x	00:43:56
36	1007	Beth Tatton			00:44:15
37	1067	Andrea Newcomer-Jones			00:44:28
38	1075	Ella Sims		Cani-x	00:45:08
39	1076	Thomas	Worthing	Cani-x	00:45:09

		Oakley	Striders		
40	1073	Neil Lindslow			00:45:30
41	168	Jane Goddard	Bognor Regis Tone Zone Runners		00:45:48
42	1031	Kate Evans	Tuff Fitty		00:46:11
43	1008	Bronwyn Baker			00:46:40
44	249	Susan Turner			00:46:41
45	120	Charley Chilton	U14		00:46:45
46	1018	Ellie Taylor	Green Wright Charlton Annis		00:46:58
47	1035	Matt Parkhouse	Travel Places		00:47:35
48	1036	Megan Tombs			00:48:34
49	1068	Hope Newcomer			00:48:57
50	1024	Jane Cobby			00:50:22
51	1002	Amii Russell			00:50:57
52	1028	Jon Slattery			00:51:00
53	1037	Mike Doyle			00:51:38
54	1015	David Clubb	Lancing Eagles		00:53:51
55	1075	Ella Sims	Worthing Striders	Cani-x	00:54:50
56	1049	Shirley Gain			00:55:00
57	1034	Macy Nell Gorman	Green Wright Charlton Annis		00:55:08

58	1022	Holly Harwood	Green Wright Charlton Annis		00:55:50
59	1020	Hannah Newell	Travel Places		00:55:52
60	1042	Rebecca Anderson			00:56:05
61	1043	Rebecca Huff			00:56:05
62	1016	Dee Coles			01:02:13
63	1029	Julie Watson			01:05:37
64	283	Phil Tippett			01:07:20
65	1025	Jane Scullin			01:08:32
66	62	Caroline Nelson			01:08:33
67	1053	Gillian Rodway		Cani-x	01:20:56
68	1054	Emma Rodway		Cani-x	01:20:56
69	1051	Tom Bonney	Travel Places		01:22:36